# AGAWAM CITIZEN

VOL. II NO. 1 "AGAWAM'S HOMETOWN NEWSPAPER" WEDNESDAY, JUNE 19, 1974


## Loyal Order of Moose No. 1935 Activities

The Loyal Order of Moose #1935, 50 Bridge St., Agawam will host two affairs on Saturday, June 22 and Sunday, June 23, according to Secretary Bissonnette.

On June 22, there will be a "Lodge Class Enrollment" at 6 p.m. All new candidates and sponsors should be present early so as to get started promptly at six.

Dinner will be at 7:00 p.m. for all Moose members, their ladies and guests for a small sum.

On June 23, there will be a District #5 Meeting at 3:00 p.m.—District #5 includes Lodges from Agawam, Chicopee, North Adams, Westfield and Greenfield. Past District Vice President Wilfred Bissonnette announced the meeting is open to all Moose members, their ladies, Chapter Members and friends with Vice President Ray Pieczarka presiding. Refreshments immediately following the meeting.

July 28—Moose Day at Fenway Park for the Jimmy Fund. Fifty cents of each ticket price goes to this worthy cause. Get your tickets early and don't miss out on the bus fun. Leave the driving to the driver of the bus so you can enjoy the trip. Call Secretary Bissonnette for information and tickets.

Sept. 27, 28 and 29: 38th Annual Massachusetts, Rhode Island State Convention at the Conrad Hilton, Northampton. It's close to home so all Moose Members should plan to attend.

## Jr. Women Invite New Members

The Agawam Junior Women's Club extends an invitation to the women in the community to "Join those Juniors" and become involved in the many civic and cultural activities the club has planned for the 1974-75 club year.

Throughout the summer the club will be accepting applications for membership and would like to encourage interested women to attend and participate in summer projects.

For further information, please contact Mrs. Robert Arnold, membership chairman, 27 Horsham Place, Feeding Hills, Mass.

# Testimonial To Honor Campbell On June 26

Donald C. Campbell will be honored at a testimonial dinner June 26 at Chez Josef.

The former Superintendent of Public Works served the town for 25 years before his retirement, on a disability, in April.

A cocktail hour will begin at 6:30 p.m., followed by dinner and dancing.

Councilor Frederick Nardi will be master of ceremonies and special awards will be presented to Campbell by State Rep. Edward W. Connelly, R-Agawam.

Under Campbell's supervision, such town projects as a water and sewer study of the town, development of water distributions, development of interceptor sewer, construction of Route 75 (Suffield Street) Route 57 south to Silver Street, and acquisition of a public works garage, were completed.

Campbell was past president and is now secretary of the Tri-County Highway Superintendents' Association, a member of the Massachusetts Highway Association, a member of the Massachusetts Water Works, VFW Post 1622, Agawam, and a member of St. John the Evangelist Church Council.

Committeemen in charge of the event are Nardi, chairman; Joseph Conte, co-chairman; John Stone, Edward Caba, Harry Schneider, Stanley Chmielewski, and Ruth Galica.

Tickets may be obtained at either the Town Clerk's office or from any committee member.

## Leonard W. Stone Elected First Bank Director; De Nucci, Heaphy Promoted

Herbert P. Almgren, President of the First bank and Trust Company of Hampden County has announced that at a meeting of the Board of Directors held on June 11, Leonard W. Stone, Vice President of Bay State Gas Company was elected to the Board of Directors.

Stone is a native of Springfield and received his Bachelor of Arts degree from Yale University, Masters in Business Administration from Western New England College and has served as an instructor at Western New England College's Graduate School, Evening Division. He has served various positions at the Springfield Gas Light Company including Manager, Dealer Relations; Manager, Planning and Promotion; Assistant Vice President; and is presently the Vice President of Bay State Gas Company.

Stone is a member of the American Gas Association; New England Gas Association; Longmeadow Country Club; Colony Club; Reality Club; Springfield Rotary; Vice President and Director, Urban League of Springfield, Inc.; Chairman, Camp Atwater Committee; elected two terms—Park Commissioner of Longmeadow; Vice President and Director, Better Homes for Springfield; Director, Springfield Goodwill and Corporator, American International College.

He and his wife, the former Barbara Young, have two children and make their home in Longmeadow, Massachusetts.

John S. DeNucci has been promoted to Assistant Investment Officer at the Springfield office.

DeNucci has been with the bank since March of 1971 and has served as Trust Officer in the Holyoke Central office since January of this year.

He graduated from

Continued on Page 4

## Gino Rossi Appointed Chairman

Gino Rossi has been appointed chairman of the Mental Health Fund-Raising Theatre Party by Unico District Governor Joseph Masucci.

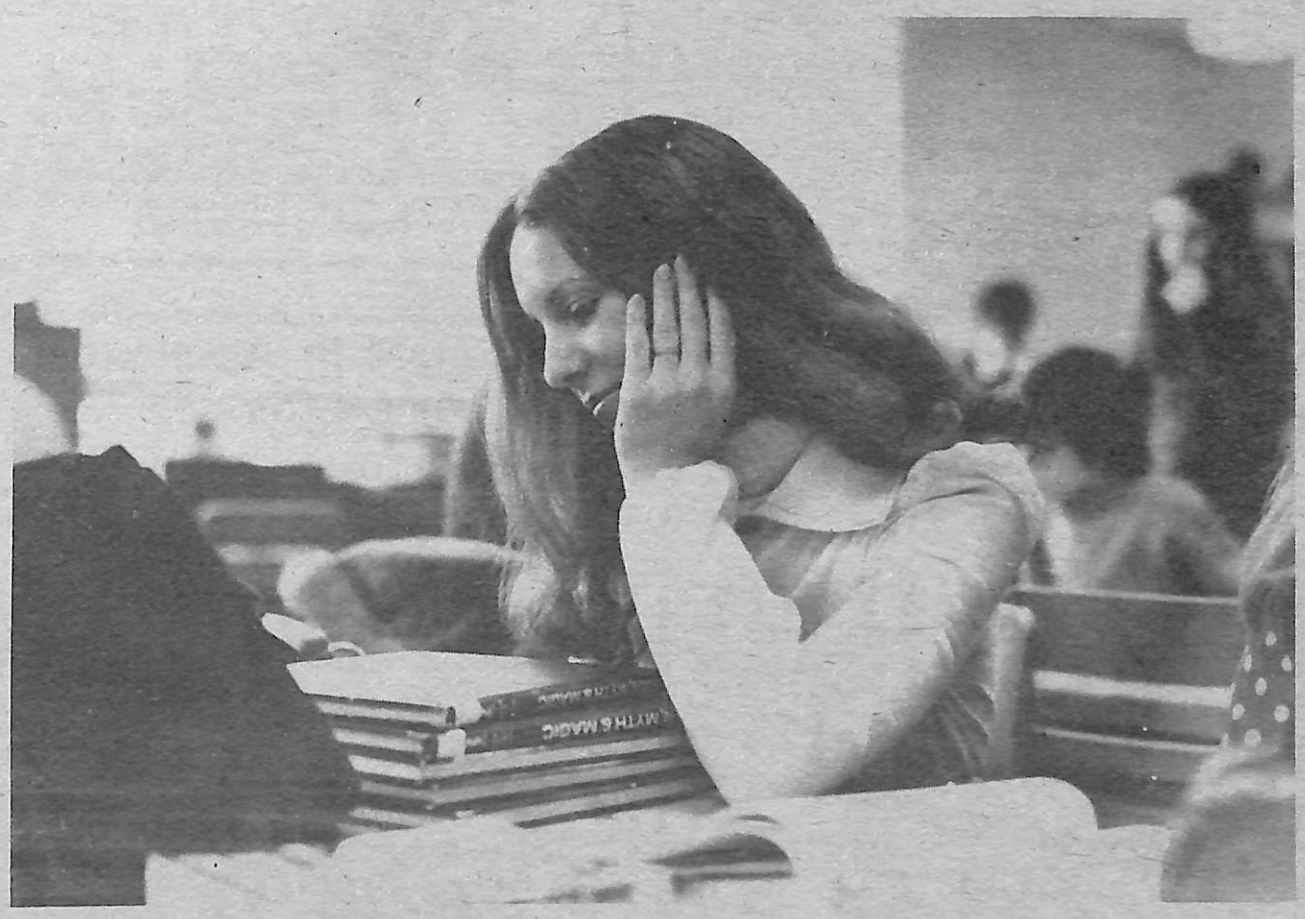
The theatre party will be held August 29 at the Storrowton Music Theatre, West Springfield.

Rossi will coordinate the organization and sale of tickets among the Unico chapters in Western Massachusetts which include Agawam, West Springfield, Westfield, Springfield, East Longmeadow and Ludlow.

Profits realized from the sale of tickets will be divided between the Hampden County Association for Retarded Children and the Massachusetts Mental Health Association.

Having been active in past years in fund-raising drives for mental health, Rossi hopes to surpass last year's theater party which netted almost $2,000 for the cause. The featured entertainer at this year's party will be Sergio Franchi.

Rossi said that tickets will be available from any member of the participating chapters. He added that only the proceeds of tickets purchased from Unico go toward the mental health fund.



**The Agawam Jaycees are pleased to announce that the winner of their second annual Miss Agawam Scholarship Pageant is Miss Deena Mae Grant.**

**On Tuesday, June 24, Miss Grant will go to Attleboro, Mass. to attend the Miss Massachusetts competition. She will be among 19 girls vying for the title and the opportunity to represent Massachusetts in the Miss America pageant.**

**During her year, Miss Agawam is available for appearances associated with civic, social, business and community functions.**

**Arrangements may be made through her business manager Mrs. C. William Hall of Feeding Hills.**

## Reumer Named Business Manager

Joseph J. Ruemer will serve as Business Manager of American International College's weekly undergraduate newspaper, The Yellow Jacket, during the paper's 42nd consecutive year of operation.

A graduate of Wilbraham-Monson Academy, Ruemer is enrolled in the AIC School of Arts and Sciences majoring in English and minoring in journalism.

He is the son of Mr. and Mrs. Joseph Ruemer, 15 Beekman Place.

# Cable TV Programs

**Channel 38—WSBK—TV—Boston**
**Monday-Friday**

AM
10:50 Morning News
11:00 The Tom Larson Show
12:00 World of Tomorrow
PM
12:30 Jack LaLanne Show
1:00 Laugh Classics
1:30 Mellotunes
2:00 Nutty Squirrels
2:30 Mr. Magoo
3:00 Porky Pig & Friends
3:30 Bugs Bunny & Friends
4:00 Bullwinkle
4:30 The Three Stooges
5:00 Flipper
5:30 F-Troop
6:00 Beat The Clock
6:30 Can You Top This?
8:00 Hazel
8:30 Green Acres
9:00 The Saint
10:00 Ten O'Clock Movie
11:30 Laugh Classics
12:00 Late News
**Saturday**
AM
10:55 Early News
11:30 Wrestling
PM
12:30 Right On
1:00 Soul Train
2:00 Saturday Afternoon Theatre
4:00 Daktari
5:00 Beat The Clock
6:00 Century Cinema
8:00 Saturday Showcase
10:00 10 O'Clock Movie
11:30 Viewpoint On Nutrition
AM
12:00 Faith For Today
12:30 Late News
**Sunday**
AM
7:55 Morning News
8:00 Worship for Shut-Ins
8:30 Nutty Squirrels
9:00 Mello Tunes
9:30 Mr. Magoo & Friends
10:00 Porky Pig & Friends
10:30 Bugs Bunny
12:00 Builders Showcase
PM
12:30 Wally's Workshop
1:00 Day of Discovery
1:30 Bruins Hilites
2:00 Pro Football's Championship Games
2:30 Wagon Train
4:00 Laugh Classics
4:30 Comedy Festival
6:00 Wildlife Theatre
6:30 The Bold Ones
7:30 To Be Announced
10:00 Ask The Manager
10:30 The Drum
11:00 Human Dimensions
11:30 Ronda Musicale Hispana
12:00 Late News

**Channel 56—WLVI—TV—Boston**
**Monday-Friday**

AM
11:30 New England Newscene
12:00 I Love Lucy
PM
12:30 Dialing for Dollars Movie
2:30 New Zoo Revue
3:00 Tennessee Tuxedo
3:30 Underdog'
4:00 Banana Splits
4:30 Lost in Space
5:30 Flintstones
6:00 The Lucy Show
6:30 Dragnet
7:00 The Untouchables
8:00 To Be Announced
11:00 Night Gallery
11:30 Avengers
**Saturday**
8:30 Music & The Spoken Word
9:00 Day of Discovery
9:30 Kathryn Kuhlman
10:00 Roller Games
11:00 Wrestling
12:00 Saturday Movie at Noon
PM
2:00 Saturday Matinee
4:00 Adventure Theatre
6:00 It Takes A Thief
7:00 The Untouchables
8:30 People Power
9:00 Hollywood's Golden Years
11:25 Movie

AM
7:30 Huckleberry Hound
8:00 Speed Racer
8:30 Batman
9:00 Lost In Space
10:00 Flintstones Hour
11:00 Little Rascals
11:30 Gilligan's Island
12:00 Movie At Noon
2:00 Sunday Matinee
4:00 Movie
6:00 Hollywood Prem. Movie
7:30 Showcase
9:30 Norman Vincent Peale
10:00 Point of View
10:30 Lou Gordon Program

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**AGAWAM CITIZEN**
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Monte Marlowe – Editor and Publisher


# NEWS IN THE NINTH

**Rep. Edward W. Connelly**
**Ninth Hampden District**

**FUEL ADJUSTMENT**

The House passed a bill this week that would prohibit the arbitrary imposition of fuel adjustment charges by electric companies.

A request for higher rates by a company because of increased fuel costs would have to go through the process of hearing and approval by the state DPU like any other rate increase rather than being automatically added to the bill as at present.

Higher fuel prices will still mean more costly electricity, of course. Economic facts cannot be simply wished or legislated away. But this bill can provide a genuine benefit to the consumer. When utilities know that they cannot pass their higher costs to the consumer automatically, but must carefully justify higher rates in a public hearing, they are going to shop more carefully for fuel and make a greater effort to keep costs down.

**ADJUSTMENT AND DIS—TRIBUTION FORMULAS**

The House passed a bill this week that completed restructures the formulas under which money is assessed and distributed to cities and towns in Massachusetts.

The complicated package was put together by the joint Committee on Taxation. It changes:

1. The basis for assessing county taxes, county hospital costs, MDC and state parks.
2. Highway aid
3. Reimbursement for loss of taxes on state owned land.
4. Machinery distribution.

The committee put all the formulas together in one package in order to balance losses and gains to make the plan palatable to as many cities and towns as possible, for distribution in fiscal '75, (which starts July 1, 1974).

I argued that the changes were unfair as long as not all cities and towns have gone to full valuation. Many members voted against the bill on the simple and justifiable grounds that their districts were hurt by the changes.

Some objected to the additional $24 million required by the plan.

But the proponents, aside from those voting favorably because their disteicts came out ahead, argued that this was a positive and long overdue reform.

Machinery distribution formulas date from 1935. County tax assessments are based on a curious formula that is based three quarters on valuation as of 1945 and one quarter on valuation as of 1961. The change would substitute current valuation.

More communities are helped than hurt, and older cities and towns come out a bit ahead.

As older communities have lost population and property value and newer communities have grown, the older cities and towns have been paying a high share of county costs while at the same time often receiving more than their share of state distributions.

By bringing formulas up to date all together in one big package, and adding the $24 million to try to further smooth out the transition, the legislation aims at balancing a community's gains and losses as much as possible. Still some gain and others lose. It may be interesting next year, when the new equalized valuations go into effect, to listen to cries of this year's gainers who will be next year's losers.

# Jewish Nursing Home Third Annual Festival

Sunday, June 23 is an exciting day for residents of the Jewish Nursing Home, as they expect many visitors to come to their "Home" to see the Third Annual Art, Crafts and Bake Festival.

This year the Home is opening its doors to the public at 11:30 a.m. A lunch or just coffee and desert will be sold to those who wish to sit and relax in the lovely patio atmosphere before taking in the "sights".

The "sights" include residents' original paintings, drawings and crafts. Visitors will have an opportunity to see the delightful apple dolls, toys, stuffed animals, potholders, pillows and other handicrafts that residents have spent many hours in making.

The baked goods, made by residents and the many, many friends of the Home are always a special feature at this yearly Festival. There is an endless assortment of diet-breaking goodies, which invariably are sold out by the end of the day.

Flowers too, grace the beautiful auditorium, augmented by a good selection of hand-crafted pottery of all kinds.

All this will happen on Sunday, June 23 from 11:30-4:00 in the Auditorium of the Jewish Nursing Home, 770 Converse Street, Longmeadow. The public is most welcome.


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# Lockhart Would Reactivate Jail Farm

Chaplain Ben Lockhart, who has served 18 years at the Hampden County House of Correction, and is a candidate for the Office of Sheriff of Hampden County, stated today that when he is elected he will reactivate the Jail Farm. He has communicated with the County Commissioners to refrain from disposing of the farm property until the election for the Sheriff's position has been decided.

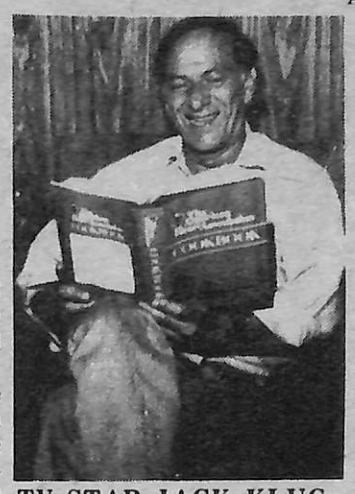
Lockhart feels that the farm can be reactivated for food not only for the Jail but for other County facilities; that freezing and canning of produce should be explored in order to cut down the rising cost of food for the institution.

"The farm also can be used as an area of work opportunity as well as for rehabilitation for selected inmates who would be well screened before being allowed to work there," Lockhart said.

Lockhart also stated that he will make sure that every inmate in the Jail has the opportunity of attending a religious service of his or her choice. Over the past year the women inmates and the men on work-release program have been denied the opportunity even though they have asked for the privilege. The denial of the right to worship is a violation of a basic right of every person. Lockhart also said he will make sure "that all inmates are treated fairly and honestly."

The opportunity for the women to go to Chapel on Sunday allows them a chance to leave the one room dormitory where they live 24 hours a day, 7 days a week.

Lockhart says he has worked out plans to use the resources in the community that will bring about a more creative program for the women who are in the institution. "Right now outside of doing some laundry and caring for their quarters, there is little that is creative being done for the women inmates."



**TV STAR JACK KLUGMAN, who plays Oscar in "The Odd Couple", believes a low-fat, low-cholesterol diet, as recommended in the American Heart Association Cookbook is essential in preventing heart attack and stroke. Klugman and his TV roommate, Felix (Tony Randall), also agree on supporting the Heart Fund—Randall, a long-time Heart volunteer, served as 1971 National Heart Fund Ambassador.**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## The Gourmet Food Shoppe

By Frank Barlow

As I have said many times, Gourmet cooking is simple if you can read.

A fine example is this recipe from one of New York's finest restaurants. This, plus a bottle of Valpolicella or Barolo wine makes it fit for a king.

How about a little reader participation? Bring or mail your favorite recipe to the 430 Plaza Package Store—Frank Barlow, the Mr. Clean of Agawam.

**SLICED FILET MIGNON IN RED WINE A LA BREGOLI**

Today the recipe is for those hearty meat eaters out there. It's Sliced Filet Mignon in Red Wine and is the favorite dish of my favorite orchestra leader, Lou Bregoli.

1 oz. salt pork chopped fine
1 large garlic clove, mashed
1/4 cup sweet butter
2 thick filets mignon, (sliced into halves)
salt and pepper
3 tablespoons Barolo wine
8 fresh parsley sprigs, chopped

Combine salt pork, garlic, and butter in a skillet; heat. Add the steaks and cook on each side for four minutes. Add salt and pepper to taste. Add wine, cover and cook for two minutes. Add parsley and shake the skillet. Place two halves fillets on each warm plate and strain the sauce over them. Serve Bibb lettuce with Italian dressing, a loaf of fresh Italian bread, and caffe espresso...magnifico. Bound to please the sussiest meat eater in your house.

Buon appetito and ciao.
BY VINCENZO CRESTA
EXECUTIVE CHEF
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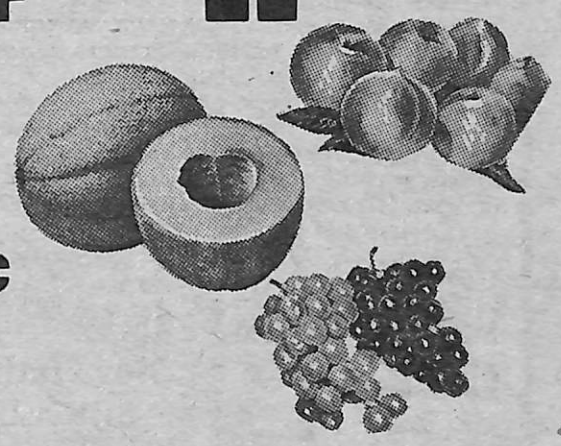

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Continued from Page 1

American International College, where he received his Bachelor of Arts degree in Economics. He also attended the University of New Mexico and the American Institute of Banking.

DeNucci is presently serving on the Finance Committee of the Springfield Day Nursery, worked with the Holyoke United Fund and has served as a Junior Achievement Advisor in Springfield.

DeNucci and his wife, the former Sharon LaChance have four children and reside in East Longmeadow.

Edward T. Heaphy, Jr., was promoted to Vice President-Senior Trust Officer and head of the Trust Group.

Heaphy joined the bank in June of 1969 and has recently served as Vice President and Investment Officer in the Trust Group.

He graduated from Hotchkiss School, Lakeville, Connecticut and has received his Bachelor of Arts degree from Columbia University, Masters of Business Administration degree from Columbia University Graduate School of Business where he majored in finance and minored in economics and is currently attending the National Graduate Trust School, Northwestern University, Evanston, Illinois.

Heaphy is presently co-chairman of the special gifts committee of the United Way of Pioneer Valley, assistant treasurer and member of the executive committee of the United Way of Pioneer Valley, director of Stage/West, corporator of the Springfield Library and Museum Association, director of Childs Park Foundation, Northampton, Massachusetts and corporator of Wesson Memorial Hospital.

He and his wife, the former Candace Wilder have one child and reside in Longmeadow.

The American Red Cross. The Good Neighbor.

**WE FAILED!!**

**The Jaycee paper drive of June 8 fell way short of its goal. Our sincere thanks to the 42 people who did contribute their papers, but it simply was not enough. We haven't given up! If you want to help, send your name, address, and phone number to Agawam Jaycees P.O. Box 101 Agawam Ma. 01001**

**Congratulations to Phil Roche! ENJOY YOUR DINNER AT STORROWTON TAVERN!**

# Ludlow Bicentennial June 23.

June 23 is the day and 1 p.m. is the time for the biggest parade to ever come to Ludlow. The occasion is Ludlow's Bicentennial.

Two hundred balloons will be set free, and the bell in the Ludlow Mill Tower #8, which has been silent for many years, will once again ring out to announce the beginning of the parade.

Prior to the parade over fifty local and state dignitaries will attend a luncheon, and between 12 and 12:30 p.m. the musical Mummers from Philadelphia will put on a show at the Glickman shelter at the Big Y parking lot on East Street.

Leading off the parade will be State Police and the Ludlow Police Color Guard, followed by over thirty- five bands and thirty-five floats. Ludlow's two oldest citizens will be Honorary Parade Marshalls and Miss Irene Saloia, Miss Bicentennial, and her court will be present on their special float.

Churches, clubs, ethnic groups, Girl Scouts and Boy Scouts will all participate in the parade along with many professional groups.

Marchers and bands will assemble at the Ludlow High School. As the units arrive they will be directed to their divisions with all marching units in position no later than 12:15 p.m. Floats will assemble along East Street and must be in the line of march by 11:00 a.m.

The parade route starts from the corner of East Street and Chapin Street down East Street to Center Street and up Center Street to the dispersal area at the Kings-Big Y parking lot.

One of the most colorful units will be the famous musical Mummers from Philadelphia, champions fifteen times. Also present will be the Anheuser Busch Budweiser wagon drawn by a team of Clydesdale horses from New Hampshire. The Shriners with Morganetta, the baby elephant, will be still another addition to the line of march along with the First Company of the Governor's Footguard and many, many more colorful and interesting groups.

Of interest to those who are participating is that movies, both audio and video, will be taken of the parade and will be shown at a later date at the high school.

The parade committee with Rene Bousquet as chairman has arranged to have food booths at the assembling and dispersing areas and along the parade route with ecology cans in the same areas.

First Aid stations will be located at the assembling and dispersing areas with ambulances strategically placed to assist should the need arise. Ludlow Hospital will also be available, and constant radio contact will be maintained between the Police, First Aid Stations and Fire Department, assisted by the Civil Defense.

Due to the parade route crossing over at the end of the bridge between Ludlow and Indian Orchard on Route 21, the bridge will be closed to traffic shortly before 1 p.m. and will remain closed until the end of the parade except for emergency traffic. All alternate routes in and out of Ludlow, as well as around Ludlow, as shown on the map, will be clearly marked to allow for easy detouring around town.

So come one, come all to one glorious day and join in on the fun at Ludlow's Bicentennial parade on June 23rd, 1974.

# Miss Massachusetts Pageant

At a recent seminar, held for the contestants of the Miss Massachusetts Scholarship Pageant, 18 of the 19 young women attended and met for the first time.

These young ladies represent the Bay State's finest competitors and one of whom could become Miss America in September when she competes for the title in Atlantic City.

President Barry N. Behn, Foxboro, greeted the group which included business managers and other pageant officials. Mr. Behn gave a brief outline of happenings in the state which will enable these 19 contestants to vie for the title now held by Rena Diane Walmsley of North Attleboro. Miss Walmsley met the young women and talked about Pageant Week and the actual competition. Her most important statement to these competitors was "just be yourself and try to really enjoy what is happening around you."

Miss Massachusetts is presently a Delta Airline Hostess stationed in Boston and will be on hand during the pageant activities.

The seminar was conducted in two sections and all contestants met with Producer Victor Genest. He outlined the format of the show which includes two preliminary competitions on June 27 and 28. Each contestant performed her talent entry verifying the time stipulation for all Miss America contenders.

Hostess Chairman Diana Behn and Pageant Week Chairman Joseph Sproul discussed in detail many important items such as rehearsal schedules, banquets, parade, pageant ball, wardrobe requirements and a set of rules and regulations for all contestants.

It wasn't all work for the contestants as this year auditions were held for the female singer who will join the cast. Several former contestants have auditioned for this role and selection will be made following a production meeting.

The Miss Massachusetts Scholarship Pageant Inc. has been diligently at work for the past 12 months. The Miss Massachusetts contest will be held in Attleboro June 25-June 29. The contestants will be housed in the LaSalette Retreat House and will be transported throughout the week through the courtesy of the MacDonald's Big-Mac Bus.

Miss Deena Mae Grant, Miss Agawam will be sponsored into this year's pageant by the Agawam Firefighters Association.

# Winners In Valley Bank Contest

Two local residents were among the 50 prize winners in Valley Bank's "Home Improvement Loans from A to Z" contest and were awarded theatre tickets.

Nearly 3,000 entries were submitted with contestants being asked to list the most creative reason for a home improvement loan from each letter of the alphabet.

Among the 50 winners were Frank R. McManius and Lucy Kasper of Agawam.

# Nascembeni's Band To Play For Outing

The Disabled of Western Mass., Inc. will hold an outing Sunday, August 4 at the West Springfield- Agawam Elks, Morgan Road, West Springfield. Bart Nascembeni's Band of Agawam will provide the music.

The public is welcome to attend.

For ticket information please call Janice Underhill, 739-6033.

# Benefit Softball Game Raises $125.

The Agawam Junior Women's Club would like to thank all those who participated in their recent softball game which was held June 9. The proceeds of $125.00 will be used for projects undertaken by the Juniors in the Mental Health field.

The results of the game was 9-10 in favor of the Agawam Junior Women's Club and Little League.

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## Barbara J. Pfau Receives Degree

Barbara Jean Pfau was graduated from the College of Our Lady of the Elms on Sunday, June 2.

A class of 126 were awarded degrees, in the 43rd commencement, by the Most Reverend Christopher J. Weldon, Bishop of Springfield and chancellor of the College. Each degree candidate was presented by Elm's president, Monsignor Thomas F. Devine.

Miss Pfau is the daughter of Mr. and Mrs. William Pfau, 71 Western Drive.

## "Y" Induction Ceremony June 22

The Agawam Nation of the "Y" Indian Guides and Maidens will hold their annual induction ceremony on the grounds of the Agawam "Y" on Saturday, June 22, at 8:30 p.m.

The ceremony is the highlight of the year for this fast growing organization. Members will be in full Indian dress and there will be Indian dances, a council fire, and the peace pipe will be passed.

Part of the program will be the burning of an Indian sacrifice stick by each of the members.

One of the highlights of the ceremony will be an eagle dance performed by a tribe chief. An Indian social dance will be performed by all.

Anyone interested in seeing the ceremony, may see it at the Agawam "Y" on Saturday, June 22.

**AGAWAM CITIZEN**

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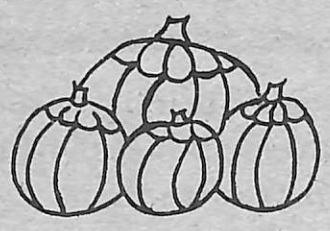

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2-3 and 5 Day Programs
Register for the Fall Now
Call: 786-6840—Mrs. Andry, Director

## AIC To Conduct NCAA Summer Youth Program

American International College has been awarded a grant by the National Collegiate Athletic Association to conduct a five-week National Summer Youth Sports Program, according to an announcement made today by athletic director Milt Piepul.

The program, which is designed to help inner-city youth develop new skills, new interests and to provide disadvantaged youngsters the opportunities for athletic instruction and competition, will be held at AIC Park and in the Butova Memorial Gym from June 24 through July 26. Piepul said the youngsters will be completely supervised from 9 a.m. to 2:30 p.m. Monday through Friday for five weeks.

The National Summer Youth Sports Program which is under the auspices of the President's Council on Physical Fitness and Sports, was launched in 1969, the same year that AIC established its own summer recreation program in co-operation with the Springfield Family Center. This will be the first year that AIC has received the support of the NCAA.

Piepul noted that the 1974 national program will have about 105 universities, colleges and junior colleges within 37 states and 75 cities and the District of Columbia providing an enrichment program for over 41,000 youngsters.

Among the unique features of the program, Piepul said, is that youngsters will have a pre-enrollment medical examination and effective follow-up procedures for all participants as well as free daily meals. Piepul said the "free meals will be made available to children meeting the approved eligibility criteria and will be provided without regard to race, sex, color or national origin. The meals will be provided on the AIC campus."

The AIC athletic director, in setting up the summer program, has worked closely with Springfield Mayor William C. Sullivan in order to co-ordinate plans with local agencies. Piepul said the program has enabled AIC to further its participation in community life.

In outlining some of the plans, Piepul noted that at least two hours per day will be devoted to instruction and competition in at least four sports selected from swimming, gymnastics, basketball, volleyball, track and field, soccer, tennis, badminton, touch or flag football, and wrestling.

Also, a minimum of three hours each week will be devoted to drug abuse education as well as instruction concerning job responsibilities and education and career opportunities, and to activities designed to promote sound health and nutrition practices.

The entire program is being designed for boys and girls between the ages of 10 and 15. Piepul predicts that over 200 youngsters per day will take part.

Piepul will serve as project administrator and Bob Burke will be the activities director. Also assisting in the program will be AIC basketball coach Hilton White, Joyce H. Raffa and Judy Groff of the AIC physical education faculty and trainer Wally Barlow.

Several additional qualified instructors from the community will also take part.

## Southwick VFW Post Plans July 4 Parade

Post Commander and Committee Chairman, John Stoothoff, has announced that the annual Southwick Fourth of July parade will be held on July 4 at 7 p.m.

The parade will start at the Powder Mill School on Route 57 and end at the town fire house.

All persons participating in the parade will be welcomed to the VFW post home for refreshments.

Trophies will be awarded to the top categories participating in the parade.

All organizations, clubs, and individuals in or around Southwick wishing to participate in the Fourth of July parade are invited and encouraged to participate. All wishing to do so, please contact Commander John Stoothoff at (413) 569-3303 or register at the VFW Post Home on Point Grove Road in Southwick.

The town children are all invited to attend games, fun, and refreshments at the Powder Mill School on July 4 at 10 a.m. The age limit will be two to twelve years of age. In case of rain, the fun and game day for the children will take place on Saturday, July 6, at 10 a.m. but will be held at the town's recreation center. All children within the age limits in town are invited to attend as this is a town function.

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## Southwick Senior Citizens Hold Meeting

Southwick Senior Citizens held their regular meeting on Monday, June 10 at the "Center."

Fred Ahrend, President, announced the following committees for June 1974 through May 1975. They include: Membership, Victoria Fraska; Chaplain, Ray Stevens; Ways & Means, Eva Davidson; Publicity, Irene S. Sponberg; Welfare, Margaret Elton; Sick & Visitation, Mary Zenisky; Trips & Luncheons, Isabel D. Root; Council On Aging, Bill Morrissey, Fred Ahrend, Ray Stevens; Office of Elderly Affairs, William Morrissey; Refreshments (Monthly Meetings), Rose Holub, Tessie Slipkowski; Refreshments (Daily), Muriel Bestany.

No meetings will be held during July and August. Instead a picnic will be held on July 8 at the pavilion of Our Lady of the Lake Church. Roy A. Johnson will be chairman. In August there will be another picnic tentatively planned to take place at Stanley Park.

The next meeting will be held at the "Center" in September. At that time, a bus trip is in the making and those Senior Citizens interested in going should contact Mrs. Isabel Root.

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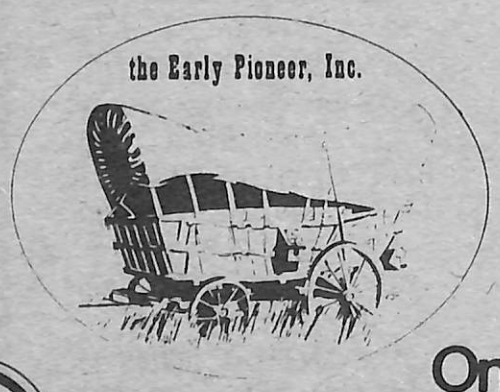


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| MEAT OR CHEESE **Buitoni Ravioli** | 15 OZ. CANS | 3 FOR | $1. |
| FOOD CLUB CALIFORNIA **Tomato Paste** | 12 OZ. CANS | 3 FOR | 89c |
| PROGRESSO **Clam Sauce** | WHITE OR RED | 10½ OZ. CAN | 49c |
| PROGRESSO **Soups** | ESCAROLE & BROTH, LENTIL - MI NESTROME | 20 OZ. CAN | 29c |
| FOOD CLUB **Italian Dressing** | 8 OZ. BOTTLE | | 29c |
| OCEAN SPRAY - 48 OZ. BOTTLE **Cranberry Juice Cocktail** | | | 69c |
| UNDERWOOD **Spreads** | DEVILLED HAM - CHICKEN & CORNED BEEF | 4½ OZ. CAN | 49c |
| **Grated Cheese** | FOOD CLUB 8 OZ. CONTAINER | | 99c |
| FOOD CLUB **Mushrooms** | STEMS & PIECES | 4 OZ. CANS | 4 FOR $1. |

CHICKEN OF THE SEA **SOLID WHITE TUNA** IN WATER 7 OZ. CAN **58c**

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FRESH - LEAN **CENTER CUT PORK CHOPS** **89c** LB.

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| QUARTER LOIN **PORK CHOPS** | | 79c LB. |
| FRESH PORK **BUTT STEAKS** | | 69c LB. |
| FRESH PORK **SHOULDERS** | | 49c LB. |
| BONELESS ROTISSERIE **PORK ROAST** | BNLS. BUTT | 89c LB. |
| COUNTRY STYLE - RIB **PORK SPARE RIBS** | | 89c LB. |
| MOSEY CRYOVAC **Corned Rounds** | | LB. $1.29 |
| TOP FROST - BONELESS **Turkey Roast** | ALL WHITE MEAT | 2 LB. PKG. $2.99 |
| **Chicken Legs** | | LB. 69c |
| PERRI BROWN N SERVE **Sausage** | 8 OZ. PKG. | 79c |
| ARMOUR **Sliced Bacon** | | LB. 89c |
| COLONIAL **Tasty Ten Franks** | | 1 LB. PKG. 89c |
| GEM **Semi Boneless Ham** | | LB. 95c |
| GEM **Daisy Roll** | BONELESS SHOULDER BUTT | LB. 99c |
| ROTHMUND **Polish Sausage** | | LB. $1.39 |

U.S.D.A. CHOICE **BONELESS CHUCK ROAST** **$1.09** LB.

U.S.D.A. CHOICE **BONELESS CHUCK STEAK** **$1.29** LB.

MOSEY CRYOVAC **CORNED BEEF BRISKET** CENTER CUTS **89c** LB.

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| OSCAR MAYER **Bologna** | ALL MEAT OR ALL BEEF | 8 OZ. PKG. | 65c |
| OSCAR MAYER **Bologna** | ALL MEAT OR ALL BEEF | 12 OZ. PKG. | 99c |
| ALL MEAT **Weiners** OR ALL BEEF **Franks** | | OSCAR MAYER 1 LB. PKG. | 99c |
| SWIFT'S PREMIUM **Skinless Franks** | | | LB. 89c |

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| WHITE OR YELLOW **American Cheese** | ½ LB. | 65c |
| ROTHMUND **Minced Bologna** | ½ LB. | 65c |
| ROTHMUND **Long John Franks** | LB. | $1.29 |
| CARANDO NEW ENGLAND **Luncheon Sausage** | ½ | 75c |
| LONGACRE OVEN ROASTED **Turkey Breast** | ¼ LB. | 59c |
| FRESHLY MADE **Salads** | POTATO - COLE SLAW & MACARONI | LB. 39c |

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ALPERT'S **Pastrami** ½ LB. 69c

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| **Green Cabbage** | FIRM SOLID HEADS | LB. 14c |
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| SWANSON **Dinners** | SPAGHETTI & MEATBALLS, MACARONI & BEEF, NOODLES & CHICKEN | 2 12 OZ. PKGS. 89c |
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| STAY N SHAPE PLAIN **Cottage Cheese** | 12 OZ. PKG. | 49c |
| MOSER FARM 100% FLORIDA **Orange Juice** | ½ GAL. CARTON | 59c |
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